

## Self-Study Options

### Nurse Delegation: Core

Cost:

- \$50 Core payment
- \$10 DVD deposit (refundable – assuming it is returned without any fingerprints or scratches)
- \$ 6 Shipping/handling when applicable

Classroom testing is required.  
See posted “Testing” dates and times for details.

**May be used as 9 hours of Continuing Education**

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### Nurse Delegation: Special Focus on Diabetes

**Nurse Delegation Core training completion is required.**

Cost:

- \$25 Core payment
- \$10 DVD deposit (refundable – assuming it is returned without any fingerprints or scratches)
- \$ 6 Shipping/handling when applicable

Classroom testing is required.  
See posted “Testing” dates and times for details.

**May be used as 3 hours of Continuing Education**

## Continuing Education Self-Study

\$5.00 per hour

**\*\*NOTE: Due to the nature of Self Studies...**

*Refunds are not available.*

*Each course is assigned to a specific student.*

*Once an enrollment is processed, no changes can be made.*

<b>10 Hour Classes</b>		<b>\$50.00</b>
Alzheimer's and Difficult Behaviors	Gain knowledge about Alzheimer's disease and effective coping skills with an individual's difficult behaviors secondary to Alzheimer's disease.	
Diabetes and Oral Health	Discover diabetes and how to care for clients with this chronic health condition. Oral health A-Z and its direct association to diseases processes.	
Mental Conditions	Effective care and communication with individuals who have mental health issues comes from developing an understanding of mental illness.	
Nutrition Basics and Oral Health	Learn the basics of nutrition and the effects oral health has on general health. Menu planning and recipes for frequently prescribed diets.	
Stroke and Traumatic Brain Injuries	Learn how to understand their physical and behavioral changes. Educate yourself on what happens when the brain received an injury. How to provide individualized care based on specific areas of brain injury.	

<b>5 Hour Classes</b>		<b>\$25.00</b>
Diabetes	Discover diabetes and how to care for an individual with this chronic health condition. Preventative and long term care techniques.	
Nutrition Basics	Learn the ABC's of nutrition and information about special diets. Includes deciphering labels, menu planning, and commonly prescribed diets.	
Oral Health	The effects of oral health on general health including diseases. How to tell if an individual's symptoms are related to their oral health.	
Increase Your Stroke Knowledge	Learn how to assist an individual to effectively cope and understand their physical and behavioral changes.	
Traumatic Brain Injuries	Educate yourself on what happens when the brain received an injury. How to provide individualized care based on specific areas of brain injury.	

<b>2.5 Hour Classes</b>		<b>\$12.50</b>
Dementia	Examine various forms of dementia and the appropriate activities for an individual with dementia. Positive activities and choices to reduce stress.	
Disaster Preparedness with Infection Control <i>(AFH WAC Included)</i>	Disaster preparedness is just that, preparing in advance for an unexpected event. Knowing your role and where supplies are located is essential.	
Heart Disease	Learn about the heart and the options available to reduce risks.	
Needs of the Caregiver	As a caregiver, it is essential to care for yourself as well as the individual to whom you provide care. Identification of simple but effective self-care skills.	
Prevention of Pressure Ulcers	It is vital to understand what causes and how to treat pressure ulcers.	
Respiratory System	Learn the respiratory system and the common conditions associated with it.	
Role Transitions of a Caregiver	Effectively cope with the changing dynamics of relationships such as child becoming the caregiver for a parent.	
Through the Eyes of a Client	Help an individual adjust to the overwhelming changes in their lives and abilities and independence are threatened or lost.	